

Programme Schedule

Day- I

Date: 11th February, 2020

10:00 AM - 10:30 AM

Registration

10:30 AM - 11:00 AM

Assemblage

Panel Discussion | 11:00 AM - 12:00 PM

Theme: Traditional Health Knowledge: Innovative Solutions for Contemporary Healthcare

Moderator

Prof. Seyed Ehtesham Hasnain, Vice Chancellor, Jamia Hamdard, New Delhi
Prof. Ram Vishwakarma, Director, Indian Institute of Integrative Medicine, Jammu

Panellists:

- **Dr. Naresh Trehan**, Chairman and Managing Director of Medanta - The Medicity, Gurugram
- **Prof. Kunwar Mohammad Yusuf Amin**, Department of Ilmul Advia, Ajmal Khan Tibbiya College, Aligarh Muslim University, Aligarh
- **Dr. W. Selvamurthy**, President, Amity Science, Technology and Innovation Foundation and Director General, Amity Directorate of Science and Innovation, Noida
- **Prof. Imamuddin Ahmed**, Former, Principal Govt. Unani Medical College, Chennai
- **Dr. Viswajanani Sattigeri**, Head, Traditional Knowledge Digital Library Unit, CSIR, New Delhi
- **Dr. S. Farooq**, President, Himalaya Drug Company
- **Prof. Ritu Priya**, Professor Centre of Social Medicine and Community Health, Jawahar Lal Nehru University, New Delhi
- **Mr. Pradeep Multani**, Vice President, PHD Chamber of Commerce and Industry and Chairman, Multani Pharmaceuticals Ltd.
- **Shri Himanshu Malik**, AVP, Accelerating Growth of New India's Innovations (AGNII), New Delhi
- **Mr. Asad Mueed**, Member ADMA, New Delhi
- **Mr. Hamid Ahmed**, President UDMA, New Delhi

Rapporteurs:

Dr. Amanullah, Research Officer (Unani) S-III

Dr. Tamanna Nazli, Research Officer (Unani)

Dr. Shamim, Research Associate (Unani)

Dr. Kavita Negi, Research Associate (Chemistry)



Expert Talks		
Time	Speaker	Topic
12:00 PM - 01:00 PM		
12:00 PM - 12:20 PM	Dr. A. Venkat Raman Faculty of Management Studies, University of Delhi, South Campus, New Delhi	Challenges in attaining SDG-3
12:20 PM - 12:40 PM	Dr. Atul Mohan Kochhar CEO, NABH, New Delhi	Importance of Quality Assurance in Healthcare services
12:40 PM - 01:00 PM	Prof. T. C. James Visiting Fellow, Research and Information System for Developing Countries, New Delhi	Traditional Systems of Medicine for achieving SDG-3

Rapporteurs:

Dr. Mohammad Fazil, Research Officer (Unani) S-IV

Dr. Ahmad Sayeed, Research Officer (Unani) S-III

Dr. Shagufta Parveen, Research Associate (Unani)

01:00 PM - 02:00 PM	Lunch Break
02:00 PM - 02:30 PM	Assemblage
02:30 PM - 04:30 PM	Inaugural Session of Unani Day Celebrations and International Conference including Award Ceremony for Best research paper, Best teacher, Young scientist and Life time achievement
04:30 PM - 05:00 PM	Tea Break

Programme Schedule

Day- 2

Date: 12th February, 2020

Scientific Session – I | Main Hall | 10:00 AM - 11:30 AM

Theme: Unani Medicine for Global Health

Chairs	<p>Prof. Ahmed Kamal, Pro-Vice Chancellor, Jamia Hamdard, New Delhi</p> <p>Dr. S. J. S. Flora, Director, National Institute of Pharmaceutical Education and Research, Raebareli</p> <p>Prof. Md Abdul Mannan, Vice Chancellor, Hamdard University, Bangladesh, Bangladesh</p> <p>Dr. Mohd Ashraf Ganie, Department of Endocrinology and Metabolism, Sher-i-Kashmir Institute of Medical Sciences, Srinagar, J&K</p> <p>Dr. Munawar Hussain Kazmi, Deputy Director Incharge, National Research Institute of Unani Medicine for Skin Disorders, Hyderabad</p>	
Time	Speaker	Topic
10:00 AM - 10:15 AM	Dr. Roy Upton President, American Herbal Pharmacopoeia, USA	Pharmacopoeial Standards for Herbal Medicines
10:15 AM - 10:30 AM	Dr. Mohammad Kamil Head, TCAM Research, Zayed Complex for Herbal Research and Traditional Medicine, Abu Dhabi	Quality and Safety of Unani Medicine- A global and dire need Today
10:30 AM - 10:45 AM	Dr. Mujeeb Hosen Coordinator, Unani Tibb, School of Community and Health Sciences, University of the Western Cape, South Africa	Scope of Unani Medicine in South Africa
10:45 AM - 11:00 AM	Dr. M. U. Z. N. Farzana Senior Lecturer, Institute of Indigenous Medicine, University of Colombo, Sri Lanka	'Ilāj bi'l-Ghizā' (Dietotherapy): A Core Mode of Unani Treatment- An Appraisal
11:00 AM - 11:15 AM	Dr. Master Alagan Govindan Secretary, Association of Ayushpathi Malaysia, Malaysia	The Scope of Practice of Unani Medicine in Malaysia
11:15 AM - 11:30 AM	Prof. Arman Zargar Coordinator, International Affairs for Traditional Medicine, Ministry of Health & Professor, School of Persian Medicine, Tehran, Iran	Finding new medicines according to the Avicenna's knowledge: An example of Traditional chamomile oil on carpal tunnel syndrome (CTS)

Rapporteurs:

Dr. Pradeep Kumar, Research Officer (Pathology) S-IV

Dr. Mokhtar Alam, Research Officer (Botany)

Dr. Sofia Naushin, Research Associate (Unani)

11:30 AM - 11:45 AM

Tea Break



Day-2 | Scientific Session – II | Hall - A | 10:00 AM - 11:30 AM

Theme: Recent Researches in Unani Medicine

Chairs	Prof. G. P. Talwar, Director Research, Talwar Research Foundation, New Delhi Dr. Majid Ahmed Talikoti, Surgical Oncology Specialist, Batra Hospital, New Delhi Prof. Mohammad Faisal, Associate Professor, Department of Oral and Dentistry Surgery, Faculty of Dentistry, Jamia Millia Islamia, New Delhi Hakim Mohsin Dehlvi, General Secretary, UDMA, New Delhi Dr. Mohammad Fazil, Research Officer (Unani) Incharge, Hakim Ajmal Khan Institute for Literary & Historical Research in Unani Medicine, New Delhi	
Time	Speaker	Topic
10:00 AM - 10:15 AM	Prof. Mohammad Akhtar Siddiqui Department of Moalajat, School of Unani Medical Education and Research, Jamia Hamdard, New Delhi	Management of Liver Fibrosis and Cirrhosis of Liver in Unani Medicine
10:15 AM - 10:30 AM	Prof. S. Raisuddin Department of Medical Elementology and Toxicology, School of Chemical and Life Sciences, Jamia Hamdard, New Delhi	Kushtajāt as Biological Response Modifiers
10:30 AM - 10:45 AM	Prof. Tanveer Naved Head of Department, Amity Institute of Pharmacy, Amity University, Noida	Nutraceuticals: Recent Advances and Regulatory Aspects in India
10:45 AM - 11:00 AM	Prof. Iffat Zareen Ahmad Department of Bioengineering, Integral University, Lucknow	In vitro and In vivo Study of Hepato-protective Activity of Nigella sativa Extracts in Various Germination Stages
11:00 AM - 11:15 AM	Dr. Kiran Sanjay Bhise Professor, Pharmaceutics and Principal, MCE Society's Allana College of Pharmacy, Azam Campus, Pune	Unani Anti-psoriatic Topical Nano Particulate Drug Delivery Systems
11:15 AM - 11:30 AM	Discussion	
Rapporteurs: Dr. Abdul Raheem, Research Officer (Unani) S-IV Dr. Mustehasan, Research Officer (Unani) S-II Dr. Rakshanda Taiyab, Technical Officer (Unani)		
11:30 AM - 11:45 AM	Tea Break	

Day-2 | Scientific Session – III | Main Hall | 11:45 AM - 12:45 PM

Theme: Achieving Sustainable Development Goal (SDG-3)

Chairs	Prof. Surender Singh , Department. of Pharmacology, AIIMS, New Delhi Dr. Khalid bin Ibrahim , Director, Selangor State Health Department, Malaysia Dr. Mushtaq Ahmad , Former Director, Central Research Institute of Unani Medicine, Hyderabad Dr. Shagufta Parveen , Incharge, Regional Research Institute of Unani Medicine, New Delhi Dr. N. Zaheer Ahmed , Incharge, Regional Research Institute of Unani Medicine, Chennai	
Time	Speaker	Topic
11:45 AM - 12:00 PM	Dr. Gayatri Vyas Mahindroo Director, National Accreditation Board for Hospitals & Healthcare Providers, New Delhi	Developing Standards for AYUSH Hospitals
12:00 PM - 12:15 PM	Dr. Mohammad Akram Department of Tahafuzi wa Samaji Tib, School of Unani Medical Education and Research, Jamia Hamdard, New Delhi	Concept of preventive healthcare in Unani Medicine
12:15 PM - 12:30 PM	Dr. Jugal Kishore Head of Department Community Medicine, Safdarjung Hospital, New Delhi	Snapshots of National Health Program of India
12:30 PM - 12:45 PM	Dr. S. M. Arif Zaidi Department of Jarahat, School of Unani Medical Education and Research, Jamia Hamdard, New Delhi	Successful Unani Intervention in the Cases of Buerger's Disease
Rapporteurs:		
Dr. Nighat Anjum , Research Officer (Unani) S-III		
Dr. Usama Akram , Research Officer (Unani)		
Dr. Fauzia Basheer , Research Associate (Unani)		
12:45 PM - 01:45 PM	Lunch Break	



Day-2 | Scientific Session – IV | Hall - A | 11:45 AM - 12:45 PM

Theme: Recent Researches in Unani Medicine

Chairs

Prof. Mohammad Zahid Ashraf, Department of Biotechnology, Jamia Millia Islamia, New Delhi

Dr. Srikanth Prasad Tripathy, Scientist-G and Director In-charge, National Institute for Research in Tuberculosis, Chennai

Dr. S. K. Rajput, Director, Amity Institute of Indian System of Medicine, and Professor, AIP, Amity Institute of Pharmacy, Amity University, Noida

Dr. Anwer Saeed, Secretary, Jamia Tibbiya Deoband, Saharanpur, Uttar Pradesh

Dr. Hakimuddin, Incharge, Regional Research Institute of Unani Medicine, Bhadrak

Time	Speaker	Topic
11:45 AM - 12:00 PM	Dr. M. Rasool Professor/Assistant Director (Sponsored Research) School of Biosciences and Technology, VIT University, Vellore, Tamil Nadu	Efficacy of <i>Majoon Ushba</i> , a Unani formulation with reference to Biochemical and Immunological parameters in the Management of Rheumatoid arthritis (<i>Waja-ul-Mafasil</i>)- An Experimental Study
12:00 PM - 12:15 PM	Prof. Farhan Jalees Ahmad Department of Pharmaceutics, School of Pharmaceutical Education & Research, Jamia Hamdard, New Delhi	Exploring New Drug Delivery Systems in Traditional Medicines
12:15 PM - 12:30 PM	Dr. Alpana S. Moghe Associate Professor & HoD, Department of Cell & Molecular Biology, Rajiv Gandhi Institute of IT and Biotechnology, Bharati Vidyapeeth, Pune	Validation of Traditional Unani Plant Products and their Ingredients for Anti-cancer Effect on Hepatocellular Carcinoma
12:30 PM - 12:45 PM	Dr. Arpita Rai Assistant Professor, Faculty of Dentistry, Jamia Millia Islamia, New Delhi	Comparison of Unani formulations <i>Zaroor-e-Qula</i> and <i>Jawarish Amla Sada</i> with Allopathic Antioxidants in Management of Patients with Early-intermediate Stage Oral Submucous Fibrosis

Rapporteurs:

Dr. R P Meena, Research Officer (Chemistry) S-III

Dr. Farah Ahmed, Research Officer (Unani)

Dr. Anju, Research Associate, (Unani)

12:45 PM - 01:45 PM

Lunch Break

Day-2 | Scientific Session –V | Main Hall | 01:45 PM - 03:00 PM

Theme: Medical Tourism- A promising area for Traditional Medicine

Chairs	Dr. S. Venkatesh , Director General of Health Services, New Delhi Smt. Meenakshi Sharma , Director General, Ministry of Tourism, New Delhi Dr. M. Khalid Siddiqui , Former Director General, CCRUM, New Delhi Dr. Idris Ahmed , Former Director, CRIUM, Lucknow Dr. M. A. Waheed , Chairman, Unani Pharmacopeia Committee, Govt. of India, New Delhi Dr. Maqbool Ahmad Khan , Incharge, Central Research Institute of Unani Medicine, Lucknow	
Time	Speaker	Topic
01:45 PM - 02:00 PM	Dr. Isaac Mathai Chairman, Managing and Medical Director, Soukya, Bangalore	Venturing into Medical Tourism- Experience Sharing
02:00 PM - 02:15 PM	Ms. Amina Al Haidan Director, Lotus Holistic Institute Abu Dhabi, UAE	Potential of Unani Medicine for Medical Tourism
02:15 PM - 02:30 PM	Dr. Claudia Preckel Intercultural Trainer, University of Ruhr, Bochum, Germany	More than Wellness - Baths, Bathing and the Role of the Ḥammām for Medical Tourism
02:30 PM - 02:45 PM	Dr. Arvind Varchaswi Managing Director, Sri Sri Tattva Bengaluru	Medical tourism a strategy to promote Traditional Medicine
02:45 PM - 03:00 PM	Dr. Deepika Gunawant Sr. Consultant, Max Multi Speciality Center, New Delhi	Modalities for Setting up of Wellness Centers

Rapporteurs:

Dr. Saleem Siddiqui, Research Officer (Unani) S-IV

Dr. Jamal Akhtar, Research Officer (Unani) S-III

Dr. Zeba Afrin, Research Associate (Unani)

03:00 PM - 03:15 PM

Tea Break

Day-2 | Scientific Session – VI | Hall - A | 01:45 PM - 03:00 PM

Theme: Integrative Approaches for Mother and Child Healthcare

Chairs	Dr. Hemlatha R. , Director, National Institute of Nutrition, Hyderabad Dr. Mukhtar Ahmed Qasmi , Joint Adviser (Unani), Ministry of AYUSH, New Delhi Prof. Abdul Wadud , Director, National Institute of Unani Medicine, Bengaluru Prof. M. M. Wamiq Amin , Department of Mahiyatul Amraz, Faculty of Unani Medicine Aligarh Muslim University Dr. Yunus Iftekhar Munshi , Incharge, Regional Research Institute of Unani Medicine, Kolkata	
Time	Speaker	Topic
01:45 PM - 02:00 PM	Prof. Suhail Fatima Dean, School of Unani Medical Education and Research, Jamia Hamdard, New Delhi	Integrative Approach for Maternal and Child Health
02:00 PM - 02:15 PM	Dr. Parmeet Kaur Chief Dietician, All India Institute of Medical Sciences, New Delhi	Dietary Recommendations for Mother and Child
02:15 PM - 02:30 PM	Prof. Shaik Shahul Hameed Former Principal, GUMC, Chennai & Professor, Department of Atfal, Markaz Unani Medical College, Kerala	Unani Medicine and Child Healthcare
02:30 PM - 02:45 PM	Prof. Shakila Banu Principal and Professor, Department of Atfal, GUMC, Bengaluru	Management of Anaemia
02:45 PM - 03:00 PM	Prof. Syeda Aamena Naaz Former Chairman, Department of Amraz-e-Niswan wa Atfal, Ajmal Khan Tibbiya College, Aligarh	Management of Menstrual Disorders- Few Case Studies
Rapporteurs:		
Dr. Asma Sattar , Research Officer (Chemistry) S-III		
Dr. Azma , Research Officer (Unani)		
Dr. Saad Ahmed , Consultant (Unani)		
03:00 PM - 03:15 PM	Tea Break	

Day-2 | Scientific Session –VII | Main Hall | 03:15 PM - 04:30 PM

Theme: *Unani Medicine for Geriatric Care and Role of Regimenal Therapy in Musculoskeletal Disorders*

Chairs

Prof. Y. K. Gupta, President, All India Institute of Medical Sciences, Bhopal

Prof. S. Shakir Jamil, Former Director General, Central Council for Research in Unani Medicine, New Delhi

Dr. Vijay Kumar, Interventional Cardiologist, Escorts Hospital New Delhi

Prof. M. A. Jafri, Department of Ilmul Advia, School of Unani Medical Education and Research, Jamia Hamdard, New Delhi

Prof. Ehtisham ul Haq Qureshi, Former Principal, STT College, Lucknow

Dr. Sarfaraz Ahmad, Incharge, Regional Research Institute of Unani Medicine, Aligarh

Dr. Haseeb Alam, Incharge, Regional Research Institute of Unani Medicine, Mumbai

Time	Speaker	Topic
03:15 PM - 03:30 PM	Prof. Shagufta Aleem Chairperson, Department of Amraz-e-Jild wa Zohrawiya, Faculty of Unani Medicine, Ajmal Khan Tibbiya College, Aligarh Muslim University, Aligarh	Skin Care in Elderly
03:30 PM - 03:45 PM	Prof. Mohd Anwar Department of Ilaj Bit Tadbeer, Faculty of Unani Medicine, Ajmal Khan Tibbiya College, Aligarh Muslim University, Aligarh	Regimenal Therapies for Health Promotion in Elderly People
03:45 PM - 04:00 PM	Prof. Asia Sultana Head, Department of Ilaj Bit Tadbeer, Faculty of Unani Medicine, Ajmal Khan Tibbiya College, Aligarh Muslim University, Aligarh	Therapeutic Effectiveness of Medicinal Leech in Chronic Venous Insufficiency and Refractory Ulcers
04:00 PM - 04:15 PM	Prof. Ashhar Qadeer Department of Kuliyat, Faculty of Unani Medicine, Ajmal Khan Tibbiya College, Aligarh Muslim University, Aligarh	Musculoskeletal Disorders in Sinn-i-Shaikhukhat (Old Age) and their Cure with Reference to Unani Medicine
04:15 PM - 04:30 PM	Discussion	

Rapporteurs:

Dr. Bilal Ahmad, Research Officer (Unani) S-III

Dr. Neelam Quddusi, Research Officer (Unani) S-III

Dr. Nusrat Jahan, Research Associate (Unani)

Day-2 | Scientific Session –VIII | Hall - A | 03:15 PM - 04:30 PM

Theme: Unani Medicine for Mental Health and respiratory diseases

Chairs	<p>Prof. Saud Ali Khan, Principal, Ajmal Khan Tibbiya College, Aligarh Muslim University, Aligarh</p> <p>Prof. Mohammad Idris, Principal, Ayurved and Unani Tibbia College, New Delhi</p> <p>Dr. L. Samiullah, Former Director, Central Research Institute of Unani Medicine, Hyderabad</p> <p>Dr. Sayeed Ahmad, Associate Professor, Pharmacognosy and Phytochemistry, Jamia Hamdard, New Delhi</p> <p>Dr. Seema Akbar, Incharge, Regional Research Institute of Unani Medicine, Srinagar, Jammu and Kashmir</p> <p>Dr. M. Ishtiyah Alam, Incharge, Regional Research Institute of Unani Medicine, Patna</p>
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Time	Speaker	Topic
03:15 PM - 03:30 PM	Dr. Kavita Gulati Professor, Department of Pharmacology, Vallabhbhai Patel Chest Institute, University of Delhi, Delhi	Experimental studies on the cellular and molecular mechanism of action of UNIM-352, Poly-herbal Unani formulation, to validate its use as a drug for bronchial asthma
03:30 PM - 03:45 PM	Prof. Munawwar Hussain Kazmi Deputy Director In-charge, National Research Institute of Unani Medicine for Skin Disorders, Hyderabad	Clinical Study of a Unani Formulation in <i>Nisyan</i>
03:45 PM - 04:00 PM	Dr. Zabeer Ahmed Sr. Scientist, CSIR- Indian Institute of Integrative Medicine, Canal Road, Jammu, J&K	Isolation, Pharmacopeial Standardization and Immunomodulatory Activity of Unani drug <i>Habb-e-Suranjan</i> and <i>Habb-e-Asgand</i>
04:00 PM - 04:15 PM	Dr. Sadaf Fatima Department of Biotechnology, Jamia Millia Islamia, New Delhi	Effect of <i>Celastrus paniculatus</i> (Malkangani) on Cell Model of Alzheimer's Disease
04:15 PM - 04:30 PM	Discussion	

Rapporteurs:

Dr. Zaki Ahmad Siddiqui, Research Officer (Unani) S-IV

Dr. Mahe Alam, Research Officer (Unani)

Dr. Shah Alam, Research Associate (Unani)

Valedictory Session | 04:30 PM - 05:30 PM

High Tea